

DECEMBER 1969

# SENATORS

SENATORS  
GIGANTES

A UNITY PUBLICATION

# Class Thoughts

PEACE . . . In the name of the Lord Jesus Christ we pray for and decree a permanent peace, uniting all the nations of the earth in a league of justice and righteousness, in which the life, liberty, and love of God shall be paramount.

NOV. 20 to DEC. 19

ILLUMINATION—11 a.m.: The guiding light of the Holy Spirit shines before me and makes plain my way.

PROSPERITY—12 noon: The serene, calm, but all-powerful Spirit of truth accomplishes all the desires of my heart, while I rest in the consciousness of gratitude to God and His goodness.

HEALING—9 p.m.: My soul doth magnify and give thanks unto the Lord, and I rest in peace, health, and wholeness of mind and body.

DEC. 20 to JAN. 19

ILLUMINATION—11 a.m.: The Christ shines in my soul, and I rejoice in the light from within.

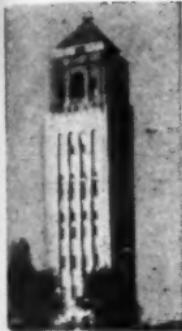
PROSPERITY—12 noon: The gifts of the Christ enrich mind, body, and affairs, and I praise God for enduring prosperity.

HEALING—9 p.m.: The birth of the Christ in my soul transcends all earthly things, and I praise God for enduring life and health.

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# DAILY WORD

Vol. 41

DECEMBER, 1944

No. 6

EDITED UNDER THE AUSPICES OF SILENT UNITY

Stately and tall, the Unity Campanile or Prayer Tower directs the traveler to Unity Farm near Kansas City. Even so this little magazine daily directs your steps to the sun-tipped heights in whose glory you behold yourself as a son of God; for such you are.



## The Bells of Christmas

*James Dillet Freeman*

Now the long night of man's despair and doubt  
Is passing, and the light returns again,  
The light that darkness never could put out,  
Our faith in the divinity in men.

So in the night alone my heart rejoices  
That darkness holds the certainty of morn,  
Hearing the timeless bells' exultant voices  
Crying of hope renewed and Christ reborn!

O bells, toll now an end to pain and strife,  
Toll now the sure outworking of the good  
In kindlier and nobler ways of life,  
Brutality transformed to brotherhood.

O bells, ring out of peace securely founded  
In freedom, of the hope of paths untrod  
That lead us to a world unbound, unbounded:  
Humanity united in one God!





## What Do You Want for Christmas?

MARTHA SMOCK

DO YOU remember how when a child your parents and your playmates would begin early in December asking you, "What do you want for Christmas?" Do you remember how at first you did not know, but as you thought about Santa Claus and Christmas, as you heard other children talking about things they wanted, as you caught the hints of your parents, suddenly you knew with all your heart what you wanted? It may have been a doll with eyes that opened and closed, it may have been a train, whatever your Christmas wish was, you hugged it close to you and you never once gave up knowing and believing that on Christmas morning, in some magical way, the thing you wanted most in the world would be waiting for you.

Have you thought this year what you want for Christmas? Perhaps it has been a long time since you have wanted things for Christmas, so now, even as when you were a child, you do not know. Be like the child that was you and begin thinking about Christmas, open your heart and mind to the wonder and the sparkle and the magic that is Christmas, and ask yourself on the tiptoe of expectation, "What do I want for Christmas?"

Suddenly you will know with all your heart what it is that you want more than anything else in the world! You will know that there is not actually any material possession that now has power to make your dreams come true; you will realize that what you want for Christmas cannot be bought in any store in any land. For your desire springs from your inmost secret heart. It may be that what you want is a whole and healthy body. It may be that what you want is freedom from fear, or from a feeling of inferiority or inadequacy. It may be that what you want most of all is a feeling of being loved, of being wanted, of being appreciated. It may be that you want understanding and harmony in your home or on your job. It may be that you want peace in the world, reunion with those you love. Whatever it is that you want, you realize that it is not something that you will find under the tree on Christmas morn-

ing. But Christmas time, the time of loving and giving, can be the time of realization of the longing of your heart. If it is health that you want, your gift from Christ this Christmas can be the realization that you are one with the vital life and energy of Spirit. If your need is for freedom of heart and soul, if you long for love and appreciation, your gift from the Christ can be your realization that you are created in God's image and likeness and that His Spirit in you is wise, loving, free, and joyous, that the Christ in you meets the Christ in other persons, establishing bonds of friendship and understanding. If you want your loved ones home with you more than anything else in the world you can know that in Spirit this prayer can be answered at Christmas time. Your dear ones may be far away; but in the truest sense our real home is in God, in the truest sense, when we realize our oneness in Spirit, we cannot be separated from those we love. So you and your dear ones can have the feeling of being very close in love and in oneness of Spirit, and your Christmas can be a happy one.

Now at the beginning of this month of December, the Christmas month, begin to use the magic of Christmas on the desires of your heart. Do you know what the magic of Christmas is? It

*(Concluded on page 6)*

# I Am at Peace

DORIS RUTH PEELER

**S**HELTERED in the depths of my being there is peace; there is surely a shrine, an altar, to the Prince of Peace.

There is peace in my mind. In the midst of confusion and inconvenience I continue to remember the things that should be done. I maintain a certain poise and radiate an air of serenity and tranquillity to those about me. There are moments when this calm is shaken, but they are brief, and always it returns as I remember that in my mind there is a place of peace and quiet.

There is peace in my body. In the midst of seemingly disturbing events my body temple continues to stand as a dwelling place for Spirit, a shrine where I can meet my God and go about doing His will and His work. My body is not affected by belief in or fear of disease. Negative thoughts are banished from my mind by my steady realization that God is the only power and that health is His will for me. In my body temple there is at all times a center of peace.

There is peace in my affairs. There have been changes in my affairs, and there will be more changes, but I would not have it otherwise. I

bless changes when they come. I know that through them I put myself in line for something finer and better, for I shall take from them all the good that I can find in them. I adjust myself to all that must be done and find a time and a way to do the things in which I have found pleasure and contentment. In my affairs peace predominates over tumult.

Oh, my Father, I am grateful that I can declare, "I am at peace in my mind, in my body, and in all my affairs." Let this peace increase in me until it sweeps all else before it and I can say in all sincerity, "I am wholly at peace."

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*(Concluded from page 4)*

is prayer, it is faith, it is love, it is the conscious realization of Christ's presence in you. The love-liest part of the Christmas celebration every year is the renewal of the remembrance on the part of men that Christ still lives in them. So every day of this special month of the year take time to get very still and realize Christ's presence with you. It is good to hold a thought like this to help you awake in consciousness to the Christ within: "Christ is born in me this day. Hallowed be His presence within me." For the realization of His presence is the answer to your Christmas prayer.

DECEMBER 1

## Friday

### I WORK WITH THE SPEED AND SPRING OF SPIRIT.

ONE TIME when Silent Unity needed a special blessing to help accomplish the work that was on hand to be done, we asked Charles Fillmore to give us an affirmation. He said to us, "Just remember that you work with the speed and spring of Spirit." This has been such a buoyant thought that we want to share it.

If you have thought of yourself as slow, if you have thought of your ability to get things done as being limited, affirm for yourself that you work with the speed and spring of Spirit. This will help you get into the rhythmic and dynamic movement of life, you will find that your work moves along easily and swiftly and accurately, and there will be no weariness in you. For when you work with Spirit you infuse new life into your body.

At your work, whatever it may be, in home, office, classroom, or factory, affirm for yourself that you work with the speed and spring of Spirit and you will discover that you have heretofore been using only a fraction of your energy.

***¶ It is the spirit that giveth life.—JOHN 6:63.***

# Saturday

DECEMBER 2

CHRIST WITHIN ME SATISFIES AND NOURISHES THE DESIRES OF MY SOUL.

**S**OUL HUNGER is fed only with the inner knowledge of Christ. The desires of your soul can only be filled by knowing that Christ within is the true source of all that you need. Persons, circumstances, and things will not have power to make you feel unhappy or unfit when you know that Christ within gives you mastery of yourself and the world about you.

If you feel lonely, friendless, unhappy, or unwanted, it is because you have not found Christ within. When you recognize your oneness with Christ and let Him shine forth, you transcend all petty feelings of your human nature and your soul is nourished and fed with His life, love, strength, and courage. Christ brings you into right relation and harmony with your own thoughts, with your fellow men, and with the world.

When you work with Christ your relations with others become easy and pleasant, your body becomes strong and healthy, and your whole world becomes happy.

*¶ For unto thee, O Lord, do I lift up my soul.*  
—PSALMS 86:4.

I AM AT HOME WITH GOD. MY ENVIRONMENT, MY SURROUNDINGS, MY ASSOCIATES BLESS ME, AND I BLESS THEM.

**Y**OU CAN BE at home wherever you are. Wherever you are, whatever you call your home right now, you can have the feeling of belonging, of being in your right place, by knowing that your first home is your spiritual home. You return home every time you take time to pray.

If you are a person looking for a home, the best way to find one quickly that meets your needs is to turn first to your spiritual home, the place of quiet and peace within you, and give thanks that all is well and that all your needs are met through God's love and care.

If you are a person who must make one room your home, you can rise out of any feeling of impermanence or any feeling of being cramped or shut in by remembering that you are at home with God wherever you are and that His Spirit in you helps you to transform even bare and drab surroundings into pleasant and happy ones through the magic of His love.

**T** Be at home with the Lord.—II COR. 5:8.

I REMEMBER ALWAYS "IN THE BEGINNING GOD."

THE FIRST few words of Genesis are my key to happy and successful living. These words are my guide to right decisions, to divine order and harmony in my affairs.

In the beginning God created me a glorious being, fashioned according to His perfection. For the realization of this truth I give thanks as I start each day. In this consciousness I know that all things are possible to me, His child.

"In the beginning God" is the idea that governs my approach to every problem or task. When I have turned for one brief moment to His wisdom and stillness within me, I may go about the work at hand knowing that I am divinely directed and that I am truly working with God.

I remember that God is the true self of all men, and I seek first to find and recognize the Godlike qualities in those whom I contact. The knowledge of our brotherhood as children of God establishes harmony and joy in our relations.

*¶ In the beginning God created the heavens and the earth. . . . And God created man in his own image.*  
—GEN. 1:1, 27.

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DECEMBER 5

## *Tuesday*

THE CHRIST MIND GUIDES, DIRECTS, AND INSPIRES YOU IN ALL YOUR DELIBERATIONS.

**H**AVE YOU wondered as you read your newspaper, as you listened to your radio, how you might use Truth to bless the big problems of the nation and the world?

Every time you read an account in the newspaper of a meeting of important leaders to discuss or settle national or international problems, take the time to send your silent blessing, your winged ambassador of prayer, to the meeting. Affirm: "The Christ mind guides, directs, and inspires you in all your deliberations." You personally may not admire or agree with the men and women who have been chosen to decide issues, but you can be in perfect agreement with the Christ mind in every man, and through your realization of the Christ mind as the guiding, directing power present at every conference, you can help to stimulate and inspire spiritual ideas in the leaders so that their deliberations and decisions will be right and good. Thus you can use Truth to bless the big problems of the nation and the world.

**D** For God did put in their hearts to do his mind, and to come to one mind.—REV. 17:17.

# Wednesday

DECEMBER 6

THROUGH CHRIST IN ME I RADIATE LOVE  
AND JOY AND PRAISE.

**A** SMILE GIVEN in friendliness and good will can start a song of joy in the heart of another. A kindly word where no kind word was expected can start a rush of happiness in someone's mind. A prayer for health and strength can lift the thoughts of a friend to a new and vital outlook on life. A deed of generosity can restore someone's faith in love and goodness. The world is full of persons ready to accept and send on any good and glad impulse you may start.

So you have momently many opportunities to glorify God, who is your Father, through helping man, who is your brother. As through smiles and prayers and words of encouragement you start little songs of praise in the hearts of other people, these songs rise like a symphony of love and thanksgiving from the hearts of many to God, the Father of all. Thus do we set in motion a song of praise that gladdens the heart of the whole world.

*Let the peoples praise thee, O God;  
Let all the peoples praise thee.*

—PSALMS 67:3.

*Thursday*

GOD WITHIN ME IS MIGHTIER THAN ANY THING OR SITUATION IN MY WORLD. THROUGH HIM I CAN DO ALL THINGS.

**T**HINK often of God as being in the midst of you—your strong tower, immovable, a presence unaffected by things and conditions of the outer world. A realization of this truth will do two things: free you from the belief that persons and things of the world can harm you or limit your well-being, and also establish you in the power of God in the midst of you.

John knew this truth and told his followers that God within them was greater than he who was in the world. What a revolutionizing statement! If we always realize that we have something within us that is mightier than anything in the outer world, then nothing in all the world can cause us to be afraid, can subjugate us, can defeat our purpose.

Knowing God within you as your light, peace, life, and love, you will not let any external thing take these away from you. You will be secure in God, and He will bless you continually with the spirit of strength and power.

**J** God is greater than man.—JOB 33:12.

I EXPRESS THE ORDER OF SPIRIT IN MY MIND  
AND IN ALL MY AFFAIRS.

**T**HERE IS A law of order at work in the universe, a rhythm in the rising and setting of the sun, the change of the seasons, the time of sowing and growth and reaping.

There is a divine law of order at work in the lives of men, a divine rhythm to which we can attune ourselves; and working with it, we can overcome confusion and lack of order in our mind and affairs. As each new day begins we can resolve to let God's order manifest itself in everything that we think and do. When we do this all sense of hurry or disorder disappears and we find that our life moves along smoothly, with everything in its proper place at the proper time.

When peace and harmony are established in every smallest detail of our life through our working with God's adjusting, harmonizing law, the way is opened for the larger pattern of His orderly plan for us to come into manifestation, and the peace, light, life, and abundance that make up God's kingdom are ours to enjoy.

*¶ For everything there is a season, and a time.*  
—ECCLES. 3:1.

DECEMBER 9

## Saturday

CHRIST GIVES ME UNDERSTANDING, AND I SEE ALL PERSONS IN THE LIGHT OF THIS UNDERSTANDING.

**W**HEN WE see our loved ones involved in practices that are not good or constructive, our human reaction is to become worried and distressed. Many times we nag them and drive them from us in our concern. If we could always see our loved ones as they are in their true Christ nature, we could avoid so much misunderstanding and unpleasantness.

The motivating idea behind every action is that of obtaining and experiencing some further good. The person who drinks, or philanders, or bullies, or connives is seeking something that will give him a sense of importance, cleverness, or satisfaction. Spiritually minded persons know that true satisfaction comes only through the awakening of the Christ nature.

How does one help a person awaken his Christ nature? Through prayer, understanding, and blessing. As we try to understand why he is as he is, as we pray for his spiritual awakening, we truly bless him and help him find the way to peace.

***¶ Apply thy heart to understanding.—PROV. 2:2.***

I AM CENTERED IN THE SERENITY AND ASSURANCE OF THE CHRIST.

**T**HERE IS probably no one who has not at one time or another experienced moments in "the valley of the shadow" when all seemed dark and without purpose, moments—it may have been days or even years with some of us—when through our constant searching and striving we have become mentally and physically fatigued and immersed in the seeming complications of the world about us. But Christ is ever present, waiting for us to turn to the peace and quiet and comfort of His presence.

Let us know that from this day forward we need never take the path through the valley, for Christ will lead us on to higher ground. When our nerves seem frayed, when our emotions seem keyed to tears or hysteria, when we feel forsaken or lost, let us know that the answer we seek, the peace we need, the fulfillment we want, lies within our own self, our Christ indwelling. Let us turn from the valley of the shadow and experience the serenity and assurance we will find when we walk with Christ on the high and lighted path.

**H** *He hath given assurance to all men.—ACTS 17:31.*

DECEMBER 11

## Monday

I AM HEALED BY GOD'S POWER DIVINE.

**H**EALED, healed by His power divine!  
One, one with His love sublime!  
My life now is sweet and my joy is  
complete,  
For I'm healed, healed, healed!"

Say these words over to yourself; sing them if you are familiar with the tune. Regardless of how you may be feeling you will gain a sense of peace, a feeling of release through giving yourself over to the thought of God's healing power in you, with you, all about you.

In order to rise to a new consciousness of life and health affirm ideas like this: I am a spiritual being, created in God's image and likeness. My body is His holy temple and His life fills every part of it. My mind is one with Divine Mind, and His peace and understanding uplift and bless me. My heart is filled with God's love, and I live in harmony with my own thoughts and in agreement with my fellow men. All tension or strain is now eased, all pain disappears, all heaviness or weariness is gone. I'm healed, healed, healed!

**T** I will take sickness away from the midst of thee.  
—EXOD. 23:25.

*Tuesday*

DECEMBER 12

I ALLOW THE LOVE AND PEACE OF GOD TO FLOW FREELY THROUGH ME TO BLESS ME AND MY WORLD.

HAVE YOU ever taken time to think what you mean to God? If you have not, make this your day to do so. Why? Because when you have realized for yourself that you are the only means through which God can bless you you will have the key to happy living.

Because we live in a world where many, many hearts and minds have not yet awakened to the light, the love, the freedom of God at work in their lives, we are bound to witness inharmonious situations, and sometimes we even seem to be a part of them. However when we know ourselves as the means by which God is to bless the situation and restore peace, we are stirred to think and to act as God would have us think and act. We will regard any inharmonious situation as our cue to open wide our mind and heart to God and allow His love to flow through us in understanding and in blessing. His wisdom will inspire us, and order and harmony will be quickly established.

***T**He who blesseth himself in the earth shall bless himself in the God of truth.—ISA. 65:16.*

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CEMBER 13

## Wednesday

GOD IN THE MIDST OF ME STRENGTHENS,  
COMFORTS, AND UPLIFTS ME.

**T**HANK YOU, God, for the gift of strength  
You have given me. I know that it is a  
quiet courage that can meet every demand.

Thank You, God, for Your never-failing com-  
fort. I know that Your hand is ever outstretched  
to guide me, that Your love is there to warm me,  
and that the light of Your wisdom will lead me  
through any darkness I may encounter.

Thank you, God, for showing me how to per-  
meate my life with the peacefulness of my prayer  
time with You. From communing with Your  
spirit of calmness and poise, I go forth competent  
to deal with all that life demands of me. With  
Your gift of strength deep within me, my heart  
has no room for fear. I am filled with the glow-  
ing radiance of Your love.

Thank You, God, for Your presence ever with  
me. Each day I shall mount higher because You  
are with me. Each day I shall be of greater service  
to mankind because in You I have found the true  
meaning of bravery, the bravery of spirit that  
comes from knowing You and trusting You.

**T**he Lord is my strength.—PSALMS 28:7 (A. V.).

# Thursday

DECEMBER 14

I AM ALWAYS READY AND PREPARED TO MEET ANY SITUATION. I AM ALWAYS READY TO MEET ANY DEMAND AND TO MASTER ANY CIRCUMSTANCE.

**I** KNOW HOW to handle all situations. I have information about every subject that I need to understand. There can be no situation in my life that is too much for me. There can be no problem that I cannot solve. Every situation in my life is accompanied by its solution.

I am always ready and prepared for any duties. Through the mind of Christ within me my thoughts are always orderly. Upon every situation I bring to bear the wisdom, orderliness, and good judgment of Spirit.

The consciousness of my true relation to the world about me makes me master of the world and all its affairs. Through Christ within me I can go forth each day, knowing that I can meet every demand that may be made upon me.

I am ready for any emergency, because I am armed with Truth, and I can apply it at all times, knowing that Truth will prevail under all circumstances.

**T**hen I said, Here am I; send me.—Isa. 6:8.

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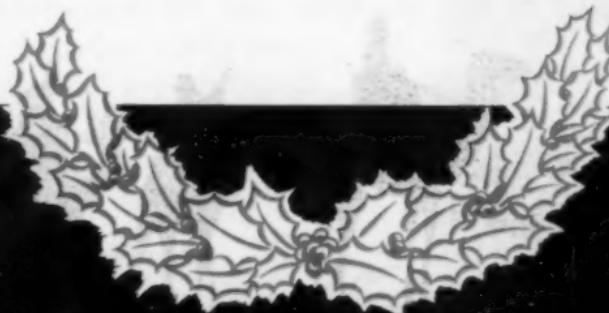


### Blessed Daily Word Friends:

Greetings and blessings and good wishes for your happiness during the holiday season.

Everyone likes to get in touch with his friends during the holiday season to express his love and appreciation of them. We feel this way about you.

You are our special friends. Those who pray together even once in a while develop a spiritual bond, and we Daily Word readers who pray together every day have a strong, loving bond between us, which is that of real friendship, based on our deep spiritual appreciation of one another. In our work with Daily Word we attune our minds to the Christ mind and ask for inspiration to give you the special word that you may be most in need of. Many of you have asked how we knew just what



# THE STAR

ELIZABETH BARR HAAS

I bless the star of Mary,  
Whose son was born this night,  
The star of mothers evermore  
Through aeons lost in light;  
For like the lowly Mary,  
I have no map or chart,  
And yet, like her, I keep a star  
To ponder in my heart,  
The selfsame wondrous symbol  
Too radiant to mar;  
I hang it from the window—  
A mother's prayerful star:



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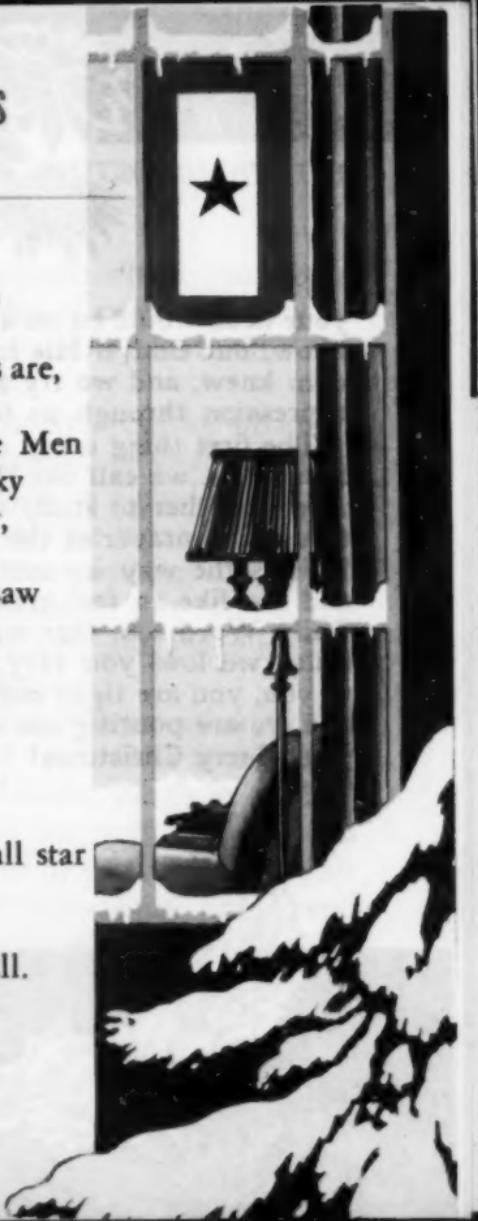
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## M O T H E R S

A star that says, "I have a son  
And he is stanch as stone,  
As proud and lithe as saplings are,  
This son who is my own."

Oh, light that led the Wise Men  
Keep watch, as through the sky  
His powerful motors thunder,  
Where silver bombers fly;  
And may the star that Mary saw  
Shine in him strong and true  
To give him wings of mercy,  
To put his mission through.

For on this night when Mary  
Gave birth unto her son  
I watch beneath my own small star  
With faith but newly won;  
I see its light grow brighter  
Till Christ Himself stands tall.  
Mary's son, or my own son—  
The star envelops all!

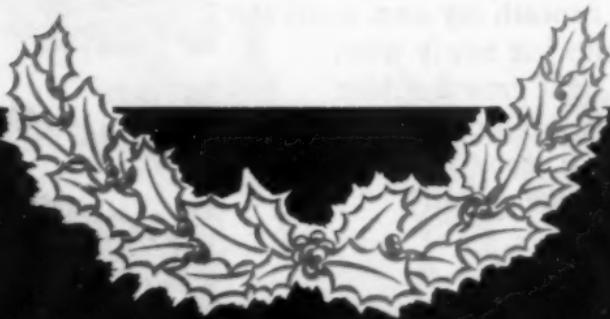




your need would be on a particular day. We did not know, but God in His infinite intelligence and wisdom knew, and we try always to let His ideas find expression through us for your special blessing.

The first thing every morning we in Silent Unity have what we call our "Daily Word Meeting." We meet together to study the Daily Word lesson and to use the prayer of the day with you and for you. This is the way we start our day in Silent Unity, and we like to feel that you start your day with Daily Word too, that we are together in this. Because we love you very, very much and feel close to you, you are right with us in our mind and heart and we are pouring out our love and blessing upon you. Merry Christmas!

**SILENT UNITY**



DECEMBER 15

*Friday*

I AM INFOLDED AND PROTECTED BY THE LOVE OF GOD.

**F**OR YOURSELF or anyone whom you would bless with a thought of protection let your prayer be one of thankfulness for the all-infolding presence of God.

Wherever you go, whatever you do, whatever you have to meet, the presence of God, the presence of good, goes with you as a guide, as a protection, as a saving power. The inner feeling you have of being able to meet anything has its beginning in the Spirit of God in you, who is undefeatable, unafraid, victorious over every hazard, physical, mental, or spiritual.

Give thanks this day that you are infolded and protected by the love of God. Give thanks that every person in the world who stands in need of protection or guidance is one with God, blessed by the peace and power of His presence. Let your thought all day long be courageous, strong, and confident, and through the night hours rest securely in the faith that God is with you and yours to bless you and to keep you safe.

**¶** *Whoso putteth his trust in Jehovah shall be safe.*  
—PROV. 29:25.

# Saturday

DECEMBER 16

IN GOD IS THE FULFILLMENT OF MY EVERY NEED. I ACCEPT THIS FULFILLMENT, AND MY MIND IS AT PEACE, MY HEART IS JOYFUL, AND I AM SATISFIED.

**T**HERE is no longing of the heart that does not have satisfying fulfillment in God. Do you ask what God can do about your thus far frustrated desire to have a companion and a home. Do you ask what God can do about your apparent inability to inspire love and friendship in others? Do you ask what God can do about the disturbing restlessness within you that keeps you dissatisfied? It is God who knows our every need, and who points the way to fulfillment.

A person praying for companionship and a home must realize that the beginning of real homemaking is to have an understanding heart that makes him at home anywhere and a good companion to those with whom he finds himself. A person praying for love and friendship must prepare himself to sustain love and friendship by learning how to love and how to be a friend. A restless soul must realize that his satisfaction can come only from within. God points the way.

**H** *He satisfieth the longing soul.—PSALMS 107:9.*

DECEMBER 17

*Sunday*

I MAKE AN UNCONDITIONAL SURRENDER TO THE GOOD, AND I AM BLESSED.

EVERY PERSON at some time in his life is called upon to make an unconditional surrender. Sometimes we think of the term "unconditional surrender" only in relation to nations at war, but individuals can be at war too, at war within themselves. And the only way out, the only way to peace of mind and heart, is unconditional surrender of all ideas that are contrary to good.

If you want happiness you must be willing to make an unconditional surrender of all unloving, selfish, willful thoughts. If you want prosperity you must be willing to make an unconditional surrender of all thoughts of fearfulness about your supply, all belief in lack or instability. If you want health you must be willing to make an unconditional surrender of all belief in the power of disease, of all thought that sickness is God's will.

The way of unconditional surrender is the quick and sure way of release from anything that has bound you to false beliefs or conditions. It is the first step toward the remaking of a life.

 Put on the new man.—COL. 3:10.

I PRAISE MY INHERENT ABILITY, AND I GIVE THANKS FOR THIS SUFFICIENCY OF DIVINE POWER.

**I**F ONCE I doubted my ability to do and be all that was promised through Christ, I now erase this doubt and give thanks for a sufficiency of divine power. Within me is the ability to pronounce plenty in my affairs, prosperity for all the world; within me is the ability to lay hold of all wisdom for the quickening of my mind, for the inspiration of mankind.

I praise this firmly fixed strength which assures me of dominion. I no longer feel that it is my fate to suffer illness, for I am conscious of the ability that makes me capable of manifesting life and wholeness. I no longer am fearful that I cannot find and maintain my perfect place in life, for I know that I am apt and efficient in all that is mine to do. I know that I can be happy, for within me is the force that makes for happiness.

I am one with the sufficiency of divine power which assures me that I am a natural channel of ability through which God will be glorified.

***If any man minister, let him do it as of the ability which God giveth.—I PET. 4:11 (A. V.).***

DECEMBER 19

## Tuesday

I AM THANKFUL FOR TODAY, BLESSED AS IT IS BY THE HAND OF GOD.

*The following is a blessing from Silent Unity, whose members join DAILY WORD readers every morning in studying the lesson for the day and meditating upon the prayer:*

OUR thoughts of love and faith go out to you this morning as we read our DAILY WORD. We are thankful for today, and for each new day as it arrives. We know that not a single moment is devoid of blessing. We are assured that with every tick of the clock someone is healed, someone is divinely guided, someone is reborn in Christ.

We are thankful for this morning hour, when refreshed and expectant, we unite with you in a new beginning of service to God and to man.

All through the day we are working along with you. There is a common purpose of service in which all are one, a creative work, a productive work, a work in which mind, heart, and hands unite to produce for the world good things that add to the well-being of all.

**G** *There was evening and there was morning, one day.—GEN. 1:5.*

# Wednesday

DECEMBER 20

THE CHRIST SHINES IN MY SOUL, AND I REJOICE IN THE LIGHT FROM WITHIN.—UNITY CLASS THOUGHT.

**S**PEAKING OF the Christ, John said: "There was the true light, *even the light* which lighteth every man, coming into the world. He was in the world, and the world was made through him, and the world knew him not."

The Christ, which came into its fullest expression in Jesus, the Master and the Way-Shower, is the divine principle, the spark of divinity that is in process of unfoldment within every man. Until we apprehend and realize the truth that the Christ dwells in us, we do not perceive the spiritual light that radiates from within, making all things clear and revealing to us God's way of joy, peace, success, health, and plenty.

The birth of the infant Jesus in Bethlehem symbolizes the awakening of our spirit to its divine potentialities. The light is at first dimly perceived; then as we welcome it and rejoice in it, it glows ever brighter until its radiance is that of God's own presence.

**H** *He that doeth the truth cometh to the light.*—JOHN 3:21.

DECEMBER 21

## *Thursday*

THE BIRTH OF THE CHRIST IN MY SOUL  
TRANSCENDS ALL EARTHLY THINGS, AND I  
PRAISE GOD FOR ENDURING LIFE AND  
HEALTH.—UNITY CLASS THOUGHT.

THE BIRTH of the Christ in our soul is a mystical experience. No longer are we of the earth earthy; no longer are we children of dust. The Christ, the master of life, makes us to know that we are transcendent children of the Eternal, divine creations of the Father, one in Spirit with Him and with one another.

We rejoice in the assurance that Christ dwells within us, our eternal guide and counselor, our healer, the author and perfecter of our faith, our hope of glory. Unto God the Father we lift up our hearts in a mighty hymn of thanksgiving and praise.

The Spirit of God our Father has given us life and the power to make that life manifest in enduring health. According as we realize the divine nature of our health, we can call it forth into perfect manifestation, through faith in Christ and the Spirit of life, of which He is the perfect expression.

*I in them, and thou in me.—JOHN 17:23.*

THE GIFTS OF THE CHRIST ENRICH MIND, BODY, AND AFFAIRS, AND I PRAISE GOD FOR ENDURING PROSPERITY.—UNITY CLASS THOUGHT.

OUR GOD is a God of abundance, and everything in the world of nature bears witness to this truth. One seed reproduces itself in hundreds of new seeds; a bushel of wheat sown is multiplied many times over in the harvest.

Through the Christ, His Son, God the Father has given us gifts that enrich us with enduring prosperity. For though the word prosperity may mean to us only having plenty of money, true prosperity is of the Spirit. It may be defined as the realization that God's abundance may be translated into manifest form through the power of faith, love, and praise.

The gifts of the Christ to us are ideas of abundance that enrich our mind, our body, and our affairs. They show us ways in which to express our talents and our abilities; to serve others and to further God's kingdom. They encourage us to look for and expect abundance to be manifest according to our needs.

*The glory which thou hast given me I have given unto them.—JOHN 17:22.*

DECEMBER 23

## *Saturday*

I AM CALM AND POISED AT ALL TIMES, BECAUSE I KNOW THAT GOD, THE GOOD, IS THE ONLY PRESENCE AND POWER IN MY LIFE.

ACKNOWLEDGING God, the good, as the only presence and power in our life brings release from all stress and strain and enables us to meet any situation that might arise with peace and poise. No emergency can frighten or distress us when our trust is in God and we turn instinctively to Him for the wisdom and guidance and strength that we need.

Those who dwell in constant awareness of God's presence have a calmness and serenity of spirit that is a force for good in the world, for such a spirit communicates itself to others and helps to establish balance, order, and harmony.

Realize that in God you live, move, and have your being. He is with you wherever you go, whatever you are called upon to do. His presence abides with you always. Rely wholly upon Him and He will sustain you and bless you with peace and poise at all times, under all circumstances.

***Blessed is the man that trusteth in Jehovah, and whose trust Jehovah is. For he . . . shall not fear.***  
—JER. 17:7.

# Sunday

DECEMBER 24

THE GLORY OF THE CHRIST GIFT IS NOW ESTABLISHED IN ME.

I AM THANKFUL for the star that guided the Wise Men to the Christ child on that first Christmas Eve. I am thankful that its light shone out for me as well as for them, that it still shines as the eternal light of Christ love within my soul to guide me unerringly to Him.

I am thankful for the light that shone round about the shepherds on the Judean hillside, thankful that it shines this Christmas Eve, an unfailing, healing, comforting, guiding light for one and all.

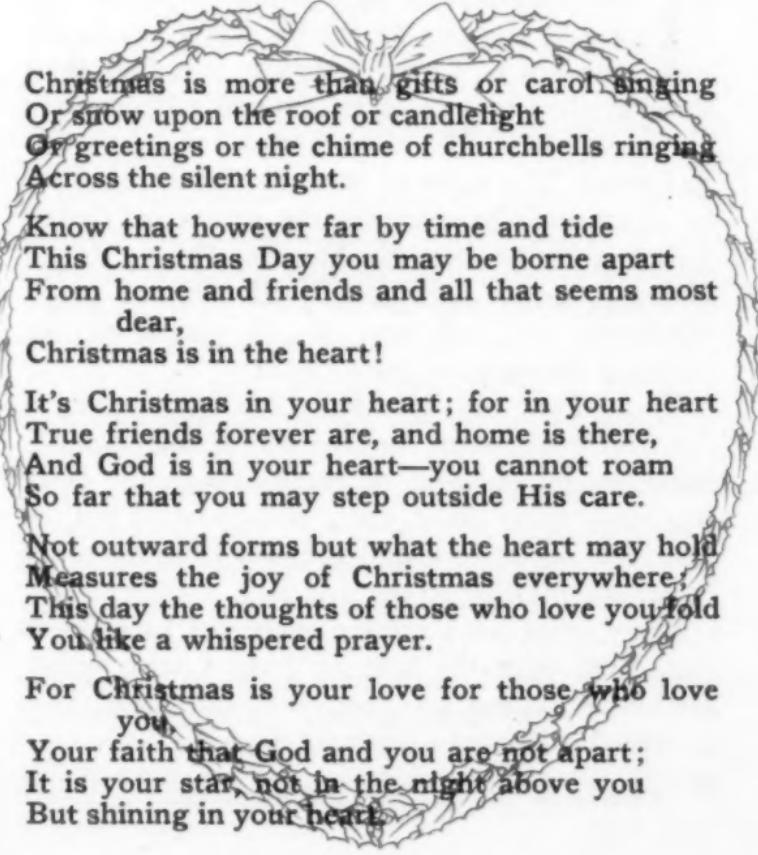
I am thankful for the song of the angels: "Glory to God in the highest, and on earth peace, good will toward men." Anthem of God's own kingdom, it lingers in my life and world this Christmas Eve to bring the balm of love and peace to all who will receive it. Silently now I stand in the radiance of Christ reborn in me, reborn in the heart of all mankind. All thought of mine is submerged in His infinite thought of love. Silently now He prepares me to give on the morrow the greatest of all gifts to the world.

*Stir up the gift of God, which is in thee.—II TIM. 1:6.*

# *It's Christmas*

## IN YOUR HEART

KATHERINE KILKEE



Christmas is more than gifts or carol singing  
Or snow upon the roof or candlelight  
Or greetings or the chime of churchbells ringing  
Across the silent night.

Know that however far by time and tide  
This Christmas Day you may be borne apart  
From home and friends and all that seems most  
dear,  
Christmas is in the heart!

It's Christmas in your heart; for in your heart  
True friends forever are, and home is there,  
And God is in your heart—you cannot roam  
So far that you may step outside His care.

Not outward forms but what the heart may hold  
Measures the joy of Christmas everywhere;  
This day the thoughts of those who love you told  
You like a whispered prayer.

For Christmas is your love for those who love  
you,

Your faith that God and you are not apart;  
It is your star, not in the night above you  
But shining in your heart.

# Monday

DECEMBER 25

TODAY I RECEIVE WITH GLADDENERD HEART  
THE GIFT GOD HAS PROVIDED FOR ME.

**T**HIS CHRISTMAS day my heart is filled with joy by the gift the Father has given to me, the gift of Christ reborn in me. Humbly I stand in the presence of His eternal radiance, His everlasting love, His all-powerful faith, His perfect peace. The dawn of this new day is the dawn of an eternal Christmas for me, an eternal day of joyous receiving from the Spirit of God, a day of giving love and happiness, good will and peace, wholeness and substance to all people of the world in the name of Jesus Christ.

Today I use with gladdened heart the power of the Christ reborn in me, the power that cleanses mind, heart, and soul of every inharmony, every weakness, every error, every vestige of ill will or fear. The power of Christ goes out from me today in healing blessing to one and all.

Every outer gift I proffer, every gift I receive, is permeated with the love of Jesus Christ, which establishes lasting joy, good will, and cheer. This is indeed a blessed Christmas day!

**T**hanks be to God for his unspeakable gift.—II COR. 9:15.

DECEMBER 26

*Tuesday*

NEW LIFE FILLS MY ENVIRONMENT AND ALL MY AFFAIRS. MY PEACE AND PROSPERITY ARE ESTABLISHED.

**Y**OUR ability to behold the new will be objectified in your surroundings and will vitalize your environment and affairs with new life. Harmony, order, and prosperity will be established.

Give your affairs a blessing of peace and prosperity whenever you think of them. Envision new opportunities. See yourself on new paths and with new interests. Look for newer and better methods. Welcome new ideas. Inspire and encourage others to try their new plans. Help them to see that they can give themselves new chances and can renew their life and affairs.

In *Lessons in Truth* we read, "Surely does the renewed infilling of the soul by peace and harmony result in the continual outgoing of peace and harmony into the entire surroundings."

See with the vision of Jesus Christ and behold abundance of peace and plenty. It will put you in a new world where dreams come true.

**N**He hath put a new song in my mouth.—PSALMS 40:3.

# Wednesday

DECEMBER 27

GOD IS UNCHANGING GOOD, AND I AM FOR-EVER ONE WITH HIM.

**A**S I REALIZE that I am a deathless, eternal soul with power to think either Truth or error, I begin to make use of the God power within me. I know that I can dissolve every false belief as I consciously use the Truth. I can reverse fear with love, I can reverse anxiety with trust, I can reverse financial worry with the idea of prosperity.

It makes no difference what troubles I have had in the past, it makes no difference how much sickness I may have experienced, it makes no difference how little money I may have had, God is with me now, ready to respond to my sincere, earnest, affirmative prayer.

I know that I am a spiritual being, ever perfect in God's sight, able to bring forth all the good I need or desire. I know that God is unchanging good and that I am forever one with Him. This understanding that God in me is unchanging cheers me and supports me as I faithfully strive to make all my thinking conform to His Truth.

**A**s he thinketh within himself, so is he.—PROV. 23:7.

DECEMBER 28

## Thursday

I SET GOD BEFORE ME THIS DAY TO GUIDE,  
TO GOVERN, TO PROTECT, TO BLESS, AND TO  
PROSPER ME.

**I** SET GOD before me this day. This day I will put God first, I will look to His Spirit within me when I need help rather than to my own limited personal understanding.

I set God before me this day to guide me. No matter where I go or what I do this day I will walk with sureness, I will act with confidence, for God is my guide.

I set God before me this day to govern me. I will not take the burden upon myself for making things right in my life or in the world. I will trust in God to govern all things with divine justice and righteousness.

I set God before me this day to protect me. I have faith in His all-infolding love to guard me against danger or the fear of danger.

I set God before me this day to bless and to prosper me. With God first in my life I am fearless and free, I am blessed in my relations and dealings with other persons, I am prospered in all that I put my hand to.

**H** *He shall guide you into all the truth.—JOHN 16:13.*

Friday.

DECEMBER 29

I PREPARE MYSELF IN FAITH AND ABILITY  
TO RECEIVE MY GOOD.

THE BLESSINGS of God are always present with us, but it is our inability to see them and accept them that makes it seem that our life is not as full as we want it to be.

You ask what it is you must do to clear your vision and to become actually receptive to the blessings you desire. It is through faith and works that our blessings come; faith in the possibility of achieving whatever it is we want, and the patience to work with our own abilities to develop and perfect them.

If you would be a musician you must have faith in yourself and then work to develop technique, an appreciation of beauty and feeling, and a keen sensitivity to tone and harmony. If you would have a job, a home, a trip, increased creativeness, anything whatsoever, have faith in the possibility of attaining it and then work with yourself to develop the ability needed to sustain you in this blessing.

God will be with you every moment, inspiring, guiding, counseling, and blessing you.

*By works a man is justified, and not only by faith.*  
—JAMES 2:24.

DECEMBER 30

## *Saturday*

THROUGH CHRIST I HAVE DOMINION AND  
MASTERY AND I AM FOREVER FREE.

ONE OF THE most important lessons we can learn in our study of Truth is that through recognizing and acknowledging our indwelling Christ Spirit, we can be free with the freedom of Spirit. Jesus showed us the path of freedom and we have only to follow Him to rise above limitation in any of its forms. Jesus proved that nothing is incurable, uncontrollable, or impossible, and with His help you can prove it also in your own life and affairs and in the lives and affairs of your dear ones.

Have you felt bound or limited by fear, by in-harmony, by false desire, by lack? You can set yourself and others free from any seeming restriction by realizing your Christ dominion and mastery. If you need to prove your freedom in Christ or if you would help some person who is in bondage to some form of limitation, turn within, affirm Christ's control and power, and freedom and light will surely come.

***¶ For freedom did Christ set us free: stand fast therefore, and be not entangled again in a yoke of bondage.***  
—GAL. 5:1.

## I AM SPIRITUALLY PREPARED TO RECEIVE MY GOOD.

**I** AM GRATEFUL for the old year, and for every good it brought to me in opportunity, experience, growth, and overcoming. While there may have been mistakes, negation, and hours that I would not choose to relive, I know that these are every one released by the power of Christ within me, and I stand free, radiant, and spiritually prepared to enter the new year with Him.

The blessings of the old year, the faith used, the good attained, the growing understanding will go with me to make the new year good and satisfying. With Jesus Christ as my friend, guide, and counselor, I know that the way before me will be made plain and secure. With Jesus Christ as my teacher and healer, I will be well, strong, and successful.

Old thoughts and conditions that do not blend and harmonize with the Christ gospel of freedom, truth, wholeness, good will, and abundance for all I now discard. I welcome the dawn of another year.

**D** He it is that doth go with thee; he will not fail thee.—DEUT. 31:6.

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## CHOOSE YOUR CHRISTMAS GIFT BOOKS FROM THIS LIST

**Twelve Powers of Man**, by Charles Fillmore. An interesting discussion of man as the power of God in action, showing how man learns to use divine power in his life and affairs as he develops his twelve spiritual powers.

**God Is the Answer**, by Dana Gatlin, explains that by lifting our mind and thinking God's thoughts after Him we can remove sickness, poverty, and fear from our life and become free to develop our God-given talents.

**Lovingly in the Hands of the Father**, by Evelyn Whitell. This is a series of interesting stories from real life describing the working out of problems according to divine law.

**The Sunlit Way**, by Ernest C. Wilson, shows how to make of life a victorious, sunlit experience. A book that will bring courage and the illumination of Truth.

**All Things Made New**, by Frances W. Foulks, is a book of forty-nine beautifully worded meditations on divine justice, divine love, the indwelling Christ, protection, steadfastness—prayers to meet every need.

**Mightier than Circumstance**, by Frank B. Whitney. A book of short articles of comfort and encouragement. Some of the chapter titles are "Nothing Can Retard Your Progress," "Taking a New Hold on Life," and "You Are Unlimited."



(All the books mentioned above are priced at \$1 each in the cloth binding, and \$2 a copy in lovely flexible binding. Any six of Unity's \$1 books, now \$5.)



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# Gifts THAT EXPRESS THE TRUE CHRISTMAS SPIRIT

**Weekly Unity**—A cheerful visitor for the friend to whom the study of Truth is new. Since it goes into his home every week, it is a constant invitation to him to apply Truth to his problems.

**Good Business**—For businessmen and businesswomen. Devoted to accounts of how Christian principles have worked in business. The articles are entertaining as well as informative.

**Progress**—For the young in heart—seventeen or seventy. It features stories, articles, poems, and the true experiences of persons who have used Truth in their living. Unity's illustrated magazine.

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## IN THIS ISSUE

What Do You Want for Christmas?—by Martha Smock  
I Am at Peace—by Doris Ruth Peeler

A Message from Silent Unity

Poems—The Bells of Christmas—by James Dillet Freeman  
The Star of Mothers—by Elizabeth Barr Haas  
It's Christmas in Your Heart—by Katherine Kilkee

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### *Daily Lessons for December*

1 Production. 2 Satisfaction. 3 Home. 4 Beginning. 5 Peace.  
6 Praise. 7 Dominion. 8 Order. 9 Understanding. 10 Serenity.  
11 Health. 12 Love. 13 Comfort. 14 Mastery. 15 Protection.  
16 Fulfillment. 17 Surrender. 18 Ability. 19 Thankfulness.  
20 Illumination. 21 Health. 22 Prosperity. 23 Poise. 24 Birth.  
25 Gifts. 26 Newness. 27 Oneness. 28 Guidance. 29 Preparedness.  
30 Freedom. 31 Forward.

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During the Christmas season mail deliveries may be delayed, so please allow plenty of time for the Unity magazines you regularly receive to reach you. While the Christmas mail congestion lasts into January, practically no mail is lost as a result, but delays do sometimes occur. Will you assist us by waiting patiently for your magazines to arrive? Thank you.

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